

# **April 27, 28 & 29** **Spring Festival** **of** **Awareness**

**23<sup>rd</sup>**  
*Annual Celebration*

**at**  
**Naramata**  
**BC**

*Over 50 Workshops*  
*Opening & Closing Ceremonies*  
*Sunrise Meditations & Tai Chi*

*Networking Opportunities*

*A Healing Oasis*  
*Festival Store & More*

*Details inside*  
*or visit us on the web:*  
*[issuesmagazine.net](http://issuesmagazine.net)*



# Register before March 27 ... and pay only \$130 plus GST for the weekend

Questions?  
Toll Free  
1-888-756-9929

Registration details are on the last page of this upside down section.  
We prefer cheques via the mail but accept Visa and MC by phone.

To cancel, confirm or make changes after you have registered,  
**PLEASE PHONE** Mon, Weds. or Fri: 9 am - 4 pm

**Accommodation is on a first come, first served basis** so register early if you intend to stay on site, or phone the local motels; information on the registration form. Please preorder **Meals**. There are two restaurants nearby or you can cook in the cabins or picnic area but there is no food available on site other than the Naramata Centre meal packages.

Juice Stations will be open during the session breaks each morning and afternoon. Coffee and tea will be available in the morning or evening for a donation.

Please bring your own mug and save us from washing cups.

## Friday

on-site registration starts at 1:30 pm.

**Dinner** is 5:30 to 6:30 pm.

## Opening Ceremonies

start at 7 pm, followed by Introduction of Workshop Leaders and a closing Crystal Bowl meditation with Christina Goddard.

**Sunrise Ceremonies** start at 6:45 am Saturday with Tai Chi, Meditation and other happenings. Workshops start at 8:45 am and continue to 9 pm with breaks for lunch and dinner. There are many workshops to choose from. The schedule is the same for Sunday except after lunch the workshops will be for 2 hours, then Closing Circles at 4 pm.

**Afro-Jazz Dance Extravaganza** on Saturday night 9:30 -11pm with **DOMBA • David Thiaw and friends.**

**The Festival Store** has space to sell various crafts, crystals, jewellery and more. If you are a festival participant and want to sell items, please call Nywyn at 250.492.0039. **Space is limited, please register early**

**The Healing Oasis** will be in the downstairs of McLaren Hall, *not in Alberta Hall as it was before.* It will be open for sign-ups Friday, 3 to 8 pm and reopens at 8 am Saturday. There will be a charge of \$10 for 1/2 hour and \$20 for 1 hour sessions. Healing House is open Saturday 10:30 am to 8:30 pm and Sunday 9 am to 3:30 pm. Urmi is the coordinator.

**The Reiki House** will be part of the Healing Oasis, downstairs in McLaren Hall. It will be open Saturday 11 am to 8 pm and Sunday 9:30 am to 3:30 pm. Drop in Reiki sessions by donation.

**Healers, Readers, Bodyworkers & Reiki Practitioners** who want to work at the Festival please phone **1-888-756-9929** or call **Urmi at home** 250-497-8970. For six hours of work we offer a pass to the weekend, plus lunch.



## Your Spring Festival Crew

Top row, **Angèle**, Events Coordinator  
Second row, **Nywyn**, Store Manager  
Third row, left side, **Urmi**, The Healing Oasis Organizer  
Third row, right side, **Samarpan**, Registration  
Bottom row, left side, **Marcel**, Events Coordinator  
Bottom row, right side **Laurel**,  
Mistress of Ceremonies & Director of Ambiance

# Workshops & Workshop Leaders

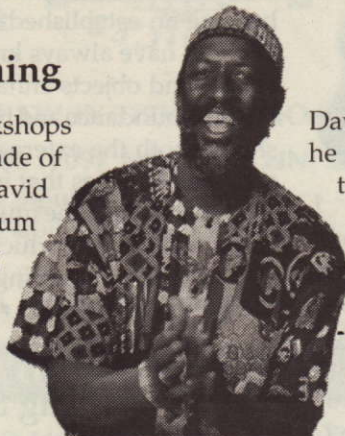
The workshop numbers correspond to the numbers on the overall schedule

Workshop # 01

## African Movement & Drumming

David Thiaw is celebrating a decade of workshops at the Spring Festival of Awareness—a decade of rich memories. For this special weekend David has arranged and choreographed ten drum rhythms and ten dance movements. Bring your energy!! Come drum and dance with David and Willy Rose. (3 hours • Sat.)

On Saturday night groove to David's band, Domba, an energetic fusion of African and World music.



**David Thiaw**

Calgary • Phone: 403-270-7871

David is a percussionist of remarkable talent, he is also a singer, storyteller, composer, teacher, linguist, drum craftsman and leader of Domba, an Afro-Jazz Group.

David's drums and teaching cassettes are used in over 30 countries. David's talent as an educator are becoming widely known and utilized by Choral Societies, Choirs, Jazz Bands, Elementary and Junior High Schools.

## Domba—Afro-Jazz Dance Extravaganza

**Saturday 9:30 to 11 pm - David leads this eclectic variety of traditional African drums and instruments with saxophone, bass, keyboard and guitar for an evening of shaking and dancing.**

**Unregistered participants welcome, fee is \$10 — at the door**

Workshop # 02

## Circle Dance

Circle Dancing is a fun, natural and joyous way to be together in community. I use dances from many cultures—Israeli, Russian, Bulgarian, Romanian, Armenian, French and Hungarian for example. They run from fast, joyful dances to playful children's dances to quiet, meditative dances where we can focus on our connection with spirit. (3 hours • Sun.)

Please join Rose for a group meditation Sat. evening after dinner 6:30 to 7 pm on the lawn of Columbia Hall. Afterwards she offers a short program on Candle Dancing in the Gym from 7:15 to 8:15 pm.



**Rose Joanna Stapenhurst**

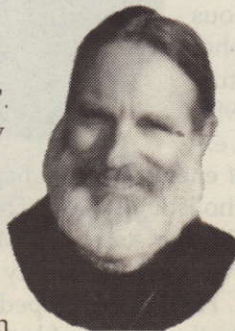
Nelson • 250-352-6176

Rose is an International Circle Dance facilitator and has led dance and movement classes and workshops for over twelve years. She has trained at the Findhorn Foundation (an intentional spiritual community in Scotland) as a Sacred Circle Dance facilitator and course and workshop leader. She runs regular Circle Dance events in Nelson, BC.

Workshop # 03

## Healing the Innermost

Discussion will focus first on the concept of "core synchronism". This involves the movement of the cerebrospinal fluid, not only from head to tail but also throughout the entire structure of the body. We will discover how to palpate this rhythmic flow, examining its role in whole health and also as a vehicle for the soul. Consideration for the chakras and their spin will also be given. We will next discuss the assessment of the deeper, less visible dimensions of our being through a protocol called "radionics", which combines the use of a scientific instrument and the radiesthetic sense (pendulum) to assist in discovering hidden imbalances and treating them from a distance. This instrumentation and process will be demonstrated, followed by a question period. (3 hours • Sat.)



**Dr. John Snively**

Balfour  
Phone 250-229-5789

A graduate of University of Toronto D.D.S. in 1971, and New Mexico School of Natural Therapeutics in 1982, John practiced biological dentistry in Nelson from 1983-1998. He is now working in the field of energetic and vibrational healing in Nelson and nearby Queen's Bay.

## Brenda Molloy

Kelowna

Phone  
250-769-6898

Brenda is a feng shui consultant and instructor who also enjoys a successful shiatsu and Asian bodywork practice. A reiki master, she completed her Asian studies in Berkeley, California. She continues to visit the Yun Lin Temple for continuing studies in Feng Shui with His Holiness Grandmaster Professor Lin Yun of the Tibetan Tantric Buddhist Black Hat Sect. Her integrated approach to internal and external feng shui is rooted in her personal belief in the Five Elements and natural laws. Says Ms. Molloy, "In feng shui, joy and health are true wealth."



Workshop # 04

## Internal/External Feng Shui

The traditional Chinese environmental science of feng shui has now become an established part of contemporary western culture. The Chinese have always known that harmonizing direction, structures, spaces and objects enhances life force or Ch'i to stimulate joy, good health, abundance and harmony. Brenda applies the principles of feng shui to both the external environment and the interior landscape of self. She believes that in order to achieve the maximum results that feng shui offers, one must not just change externally, but internally as well. With this introductory knowledge, you will be well on your way to intuitively enhancing your personal paradise and honoring your sacred space. (3 hours • Sat.)

Workshop # 05

## Feng Shui in Your Garden

Let's have fun with Feng Shui. In this informative workshop we will examine the way of Ch'i, the shape of the yard, plants and their meanings, water and garden features and placement of the Bagua. We will learn how to balance Yin & Yang while harmonizing the Five Elements to enhance your personal paradise. (2 hours • Sun.)

## Lynne Gordon-Mündel

Kamloops • Phone: 250-579-9926

For twenty years Lynne has been working with people discovering transcendent levels of reality and relationship. Once a registered nurse, Lynne is presently a counselor, group facilitator, founder of Three Mountain Foundation, author of Shamanchild and mother of four.



Workshop # 06

## Remember Who You Are

"You did not begin with your birth and you will not end when your body turns to dust." This workshop is for people who sense that their lives have purpose beyond what they consciously remember. We will work with the vibrational field generated among the participants. In this field we will explore questions such as: "Are you living in tune with your life's purpose?" "Do you remember who you are?" (3 hours • Sun.)

## Mafaza

(Victor Nowoselski)

Victoria • Phone: 250-383-1979

My commitment to wholistic healing developed due to serious health issues caused by alcohol and drug addiction. My spiritual journey to recovery began in 1983. After years of intense studies, extensive travel and a series of energy shifts, I began to explore other methods of wholistic healing. Through profound communication with the Ascended Masters which began in 1994, I developed the ability to be clairvoyant and clairaudient. Having developed these gifts I have devoted my life to the service of humanity and Mother Earth. As a result I have been privileged to witness both the amazing creativity and courage of the resilient human spirit and the joy of discovering the unlimited possibilities in life.



Workshop # 07

## Language of Love

This presentation will discuss interlocking traits of an unhealthy relationship, the eight personality characteristics of a healthy relationship and the nine levels to building a healthy relationship. The workshop will involve participation in group activities and discussions. (3 hours • Sat.)

Workshop # 08

## Family Origin

A presentation on the traditional roles and myths of men and women and the shift these roles have taken in the last fifty years. As well we discuss the basic needs of a healthy family structure, the roles we play within the structure and the value system we apply to it. Participants are given a genogram model which they can then use or apply to their own family structure. (2 hours • Sat. eve.)

Workshop # 09

### Releasing Dis-ease Through Massage

Discover how suppressed emotions cause stress in the body and how stress causes illness and dis-ease. We will look at the common areas we store common feelings and how to be aware of stress in the body. Hands-on massage technique and practice will guide you to release stress. (3 hours • Sun.)



**Sharon Strang**

Kelowna

Phone: 250-860-4985

Sharon has been in the personal growth business since 1987 and in the health field since 1979.

Sharon has been a wholistic massage practitioner for 8 years and a master breath practitioner since 1996. She is the owner of Focus Bodywork in

Kelowna where she offers wholistic

massage therapy and teaches massage workshops.

Sharon also gives healing touch treatments and occasionally breath integration sessions.

Workshop # 10

### A Study in The Course in Miracles

An explanation of the Course in Miracles books. Discussion of one lesson as an example will show what the Course in Miracles teaches. "Miracles are natural. When they do not occur something has gone wrong!!!" Text. p. 1 (2 hours • Sat. eve)

Workshop # 11

### Towards Improved Eyesight "Naturally"

A natural method of vision improvement. The program includes: Dr. Bates Method, kinesiology, visualization, Chromotherapy, nutritional & herbal supplements, pinhole glasses, relaxation and eye muscle stretching exercises. Through these methods, the eyes are relieved from tension and the visual system receives oxygen and nutritional essentials. Resulting in the blurry picture becoming more and more acute and the eyes starting to work correctly. (3 hours • Sat.)



**Elizabeth Smigielski**

North Vancouver • Phone: 604-980-2774

Elizabeth is a vision counsellor with a European background. She grew up in the old tradition of herbal medicine, medical dowsing and apiculture. She has studied nutrition for cancer and MS treatment and Audio-Psycho-Phonology in Switzerland and France. Elizabeth specialized in natural methods of eyesight improvement doing special research on children. She is also a practitioner of Reiki, Medical dowsing, chromotherapy and nutritional counselling.

Workshop # 12

### Energize your Life and protect yourself from microwaves, pollution and more

How to protect yourself from the harmful effects of EMF radiation and microwave air pollution. How to make your food and beverages healthy. Introduction to pyramids and other energy healing devices. Different techniques of location and neutralization of geopathic radiation zones in your home, office and backyard. Importance of your body's energetic balance in the self-healing process. How lack of energy can cause cancer and other degenerative diseases. (3 hours • Sat.)



**Arek Smigielski**

North Vancouver • Phone: 604-980-2774

Arek is a holistic healer and dowser with European background. He loves to share with others, his knowledge gathered for many years in Poland, France, Switzerland and Canada. He practices his own method of energy healing and harmonization of human surroundings. He is a distributor of dowsing tools and personal energy stimulators and will provide a few of them for the workshop.

Workshop # 13

### Couples Massage: A Guide to Simple Pleasures

Techniques to enhance togetherness; from mutual celebration to pain management. Learn how a few minutes of sharing can ignite the intimacy in your relationship. For friends and lovers. (2 hours • Sun.)



**Urmi Sheldon**

Penticton • Phone: 250-497-8970

Urmi is a self-taught massage practitioner. Her understanding of the physical, energetic and emotional bodies enables her to see the practical and the potential. Her willingness to share will bring out the best in you.

The numbers indicate the location of the workshop on the map.

# WEEKEND SCHEDULE


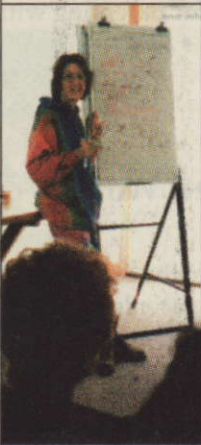
## Saturday

| Location                | Sunrise Ceremonies   |   |   |   |  |
|-------------------------|--|---|---|---|--|
|                         | 6:45 - 7:30 am   | 8:45 am - Noon  | 1:45 - 5:00 pm  | 7:15 - 9:15 pm  |  |
| 1 Loft                  | Lynne Gordon-Mündel<br>Awakening the Body  | # 53<br>James Minckler<br>Energy Balancing  | # 20<br>Anita Kuipers<br>Let the Love In and Dance                            | # 22<br>Barbara Karmazyn<br>Dance Play  |  |
| 2 North Wing            | Urmi Sheldon<br>Five Tibetan Exercises   | # 36<br>Margaret Carroll<br>Chakra Balancing  | # 37<br>Henry Dorst<br>Divining Your Ultimate Potential                       | # 38<br>Henry Dorst<br>Clearing the Path to Your Ultimate Potential   |  |
| 3 Sessions Room         |   | # 14<br>Gerald Jessop<br>Creation in Art: Know Yourself                               | # 48 • Laurel Burnham<br><i>Open House • Drop-in session</i><br>Spiritual Art | # 52<br>Linda Earnest<br>Gem Therapy  |  |
| 4 South Wing front room | Norbert Maertens<br>Becoming One   | # 26<br>Georgina Cyr<br>Communicating with Animals                                    | # 07<br>Mafaza<br>(Victor Nowoselski)<br>Language of Love                     | # 41<br>Harold Naka<br>Dancing Towards Wholeness  |  |
| 5 South Wing back room  | Henry Dorst<br>Earth Chi Gong  | # 12<br>Arek Smigielski<br>Energize Your Life & Protect Yourself                      | # 11<br>Elizabeth Smigielski<br>Towards Better Eyesight                       | # 28<br>Gisela Ko<br>Bring Out the Clowns   |  |
| 6 Maple Court 1         |  | # 35<br>Virginia Graham-Smith<br>Herbs, Essential Oils Flower Essences & You          | # 51<br>Angèle<br>Handwriting Analysis  | Join us for a Group Meditation on the lawn of Columbia Hall<br><br><b>6:30 to 7 pm</b><br>we will <b>Circle Dance</b> around candles, weather permitting. Otherwise in the Gym.<br><br><b>7:15 - 8:15 pm</b><br><b>Candle Dances</b> with Rose in the Gym |  |
| 7 Maple Court 2         |  | # 45<br>Linda Collins<br>All My Relationships   | # 32<br>Norbert Maertens<br>Healing the Male Within <i>for men</i>            |   |  |
| 8 Maple Court 3         |  | # 24<br>Monika Nygaard<br>Neuro Linguistic Programming<br>Language of the Unconscious | # 23<br>Barbara Karmazyn<br>Stories of Strength & Power <i>for women</i>      |   |  |
| 9 UPPER Alberta Hall    | Colleen Tobin<br>Yoga<br>Sun Salutation  | # 17<br>Jon Scott & Shannon Anima<br>Sex: Sacred Ecstasy/<br>Sacred Wound             | # 30<br>Dienna Raye<br>Loving Your Body & Sexual Self — <i>for women</i>      | # 08<br>Mafaza<br>(Victor Nowoselski)<br>Family of Origin   |  |
| 10 lower Alberta Hall   | Moneca Gharlyne<br>Guided Meditation   | # 04<br>Brenda Molloy<br>Internal / External<br>Feng Shui                             | # 03<br>Dr. John Snively<br>Healing the Innermost                             | # 10<br>Sharon Strang<br>A Study in<br>The Course in Miracles   |  |
| 11 Gym                  | Harold Naka<br>Radical Tao<br>QiGong - Taiji                                       | # 42<br>Sage Berrett-Heller<br>Singing the Heart Awake                                | # 01<br>David Thiw<br>African Movement and Drumming                           | <b>Dance Extravaganza</b><br><br><b>9:30 - 11 pm</b>  |  |
| Other                   |  | #43• Loro Tylor • Intro. to Reiki<br>Healing Oasis~1½ hours                           | # 39 Christina Goddard<br>Crystal Bowls~Chapel~1½ hours                       |   |  |

# APRIL 27, 28 & 29, 2001

The numbers indicate the location of the workshop on the map.

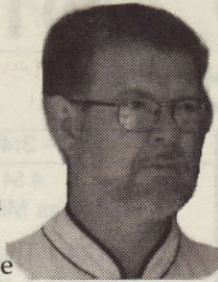
## Sunday

| Saturday Night Dance  | Sunrise Ceremonies   | Sunday   |   | Location                                       |
|---|--|--|---|--|
|   | 6:45 - 7:30 am   | 8:45 - Noon  | 1:45 - 3:45 pm  |  |
| <b>David Thiaw &amp; Friends</b><br><br>9:30 to 11 pm<br><br>Afro-Jazz that blends traditional African drums with bass and keyboard. Shake it up music!<br><br>We welcome unregistered participants, - \$10 each at the door. | Lynne Gordon-Mündel<br>Awakening the Body  | # 06<br>Lynne Gordon-Mündel<br>Remember Who You Are                | # 54<br>James Minckler<br>Color Therapy, Chakras & Emotions                     | Loft <sup>1</sup>                              |
|   | Urmi Sheldon<br>Osho Dynamic Meditation  | # 31<br>Dienna Raye<br>Deepening Intimate Relationship             | # 25<br>Monika Nygaard<br>Hypnosis—the Magic Within                             | North Wing <sup>2</sup>                        |
|   |   | # 49 • Nywyn<br>Open House • Drop-in session<br>Unmask a New Self! | # 15<br>Gerald Jessop<br>Letting Go in Art                                      | Sessions Room <sup>3</sup>                     |
|   | Jon-Lee Kootnekoff<br>Healthy, Happy Stretches                                     | # 47<br>Moneca Gharlyne<br>Inner Bonding                           | # 19<br>Anita Kuipers<br>The Longest 19" Journey: The Head to the Heart         | South Wing front room <sup>4</sup>             |
|   | Henry Dorst<br>Earth Chi Gong  | # 09<br>Sharon Strang<br>Releasing Dis-ease Through Massage        | # 13<br>Urmi Sheldon<br>Couples Massage   | South Wing back room <sup>5</sup>              |
|   |  | # 44<br>Pat Gibson<br>In the Eye of the Storm                      | # 46<br>Linda Collins<br>Circle of Life   | Maple Court 1 <sup>6</sup>                     |
|   | <b>Closing Circle</b><br><br>A Spring Celebration<br><br>with Laurel and Sage      | # 34<br>Laurel Burnham<br>Honouring the Maiden Self for women      | # 05<br>Brenda Molloy<br>Feng Shui in Your Garden                               | Maple Court 2 <sup>7</sup>                     |
|   |  | # 21<br>Jon-Lee Kootnekoff<br>Living in Balance                    | # 27<br>Georgina Cyr<br>Iridology   | Maple Court 3 <sup>8</sup>                     |
|   |  | Tyson Bartel<br>Feldenkrais Cat Stretch                            | # 18<br>Jon Scott<br>Finding Yourself in Relationship for men                   | # 16<br>Shannon Anima<br>Parenting With Spirit |
|   | 4 - 4:30 pm<br>Sunday<br><br>Everyone Welcome                                      | Virginia Graham-Smith<br>Healing Meditation                        | # 50<br>Joseph Ranallo<br>Korean Hand Therapy                                   | # 29<br>Gisela Ko<br>Meeting the Ancestors     |
| Gerald Jessop<br>Qigong/Tai Chi   |  | # 02<br>Rose Joanna Stapenhurst<br>Circle Dance                    | # 40<br>Harold Naka<br>Moving Beyond Help-lessness                              | Gym <sup>11</sup>                              |
|   |  | # 39 Christina Goddard<br>Crystal Bowls~Chapel~1½ hours            | # 33 Norbert Maertens<br>The Nature of Our Universe (meet outside by Labyrinth) | Other  |

## Gerald Jessop

Kelowna  
Phone: 250-862-9327

Jerry has been practicing the Yang style of Tai Chi Chuan since 1972. He has also been an art juror, advisor for government and an executive board member in art and museum associations. He is on the Public Art Committee for the City of Kelowna and the Healing Arts Executive for the Okanagan Valley. He presently works as an Art and Tai Chi Chuan Instructor utilizing 28 years of experience in both areas. He also manages a B&B as supplemental income which allows him time to pursue his lifelong career of art making.



Workshop # 14

## Creation in Art, Know Yourself

Beginning with Qigong to relax, participants will then move into drawing from the right side of the brain using the eye attached to the object and hand moving with the eye methods. Following this will be automatic drawing with open, free movement. The session will conclude with capturing your natural essence in your own way. (3 hours • Sat.)

Workshop # 15

## Letting Go in Art

Learn to use chance and accidents in your art. Experiment with painting without a brush, using twigs, imprinting, salt, etc. Find abstraction through repetition and material change. Finish the session with Qigong relaxation and dissipation of stagnant Chi. (2 hours • Sun.)

## Shannon Anima

Nelson • Phone: 250-229-4077

Shannon has an MA in therapeutic practice and has led healing retreats for couples and individuals for sixteen years. She currently works as a parenting educator with young parents and has a private counselling practice with couples and individuals. Shannon is a developer and trainer with Foxfire International; a dynamic personal development system.



Workshop # 16

## Parenting with Spirit

A workshop on raising children with positive values from birth through teens. A non-denominational approach to development including the Five Angels of Positive Parenting, plus ideas and resources for parenting with Spirit. (2 hours • Sun.)

Workshop # 17

## Sex: Sacred Ecstasy/Sacred Wound

with Shannon & Jon

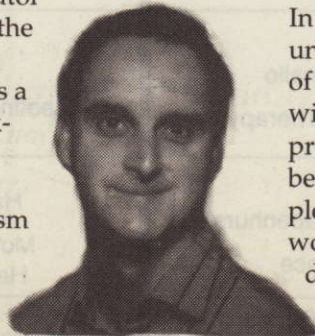
Sex offers the potential to open a profound gateway to the experience of Heaven on Earth: a soul shaking emotionally bonded, physically succulent experience of divine unity. Sex also offers the opportunity to uncover our tender vulnerability and to heal our most personal wounds. In a safe and self-paced experience participants will engage in a healing fusion of ancient Eastern tantric exercises and breakthrough Western therapeutic practice. (3 hours • Sat.)



## Jon Scott

South Slocan • Phone: 250-359-6669

Jon is an inspiring workshop facilitator with a passion for men's work and the couple's journey, that springs forth from the heart of his own journey as a man. Jon has facilitated men's workshops and couples' retreats for 15 years and has a private counselling practice. His warmth and enthusiasm for life have inspired hundreds of workshop participants to more fully embrace what it means to be passionately alive.



Workshop # 18

## MEN: Finding Yourself in Relationship

In a world where relationships are falling apart at an unprecedented rate, men are often blamed for their lack of commitment or skillfulness in relating. We live within a cultural system that leads men to predictable problems in intimate relating. Many men oscillate between seeking the approval of women by trying to please and pushing away deep intimate contact with women who get too close. Through facilitated group dynamic and inner quest breathwork men will have the opportunity to address some of the deeper issues facing them today. (3 hours • Sun.)



## Anita Kuipers

Peachland  
Phone: 250-767-3023

Anita is a GeoTran™ practitioner, group facilitator and expert in working with the fields. An integral part of her journey has been, and continues to be, exploring and expressing Self through movement, voice and art. As a teacher and counselor, she uses an eclectic approach to assist clients to move beyond the limitations that show up in life, to reclaim their inheritance and the passion and truth of their own hearts. This paves the way for their gifts to be fully expressed and shared in this world.



Workshop # 19

## The Longest 19 inch Journey: The Head to the Heart

So what makes this journey so long? We spend so much time in our head, and even with our best attempts to move to our heart, there are many influences that keep us there. We pick up on various frequencies / information from the electromagnetic field, which the brain merely processes. This could be our own, another's or genetically inherited. Then who or what am I really listening to? Become aware of the *field* influences in your life and experience the language of GeoTran, a tool that allows you to make that 19 inch journey with greater ease and frequency, building the resonance and possibility of truly living from the heart. (2 hours • Sun.)

Workshop # 20

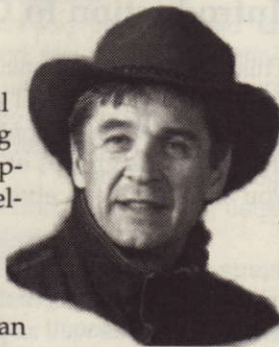
## Let the Love In and Dance

Dance is about being in the body and a way for Spirit to be heard and felt. We will work together using the breath, listening and movement, to create space within, deepen the awareness of the body, free self from old movement patterns, in order to hear and freely express the longing of the soul. This is an invitation for you to experience the sweetness that comes from the eternal dialogue with Spirit. No dance experience necessary. (3 hours • Sat.) *Wear layered and comfortable clothing.*

## Jon-Lee Kootnekoff

Penticton • Phone: 250-497-3709

Jon-Lee is one of Canada's top educational humorists. His seminars present the leading edge in personal and professional development which provides an atmosphere for accelerated learning. Jon-Lee is a committed professional who communicates through wisdom, intuition, compassion and humour while assisting people to be the best they can become.



Workshop # 21

## Living in Balance

In this thought-provoking, inspiring seminar, you will learn the dynamics of successful, healthy and balanced living. Skills taught will include: projecting self confidence and a healthy body language; end point visualization; intuitive management/innovative financial stability; priority management and much more. All shared with lots of humour and belly laughs!! (3 hours • Sun)

## Barbara Karmazyn

Burnaby  
Phone: 604-421-6200

Barbara is an expressive arts developer who specializes in healthy lifestyle practices. Barbara's company, Artsplay, promotes health and well being through the arts. As a cancer survivor, and early childhood educator she is fully aware of the connections between health, playfulness, creativity and the expressive arts. She is a passionate educator and artistic leader who is gifted in helping people learn to express themselves through rhythm, song, dance, art and storytelling. During the past twenty years of teaching she has helped many people give voice and movement to their creativity.



Workshop # 22 • Dance Play

Awaken your dance spirit. Come home to yourself through the joy of free style dance. Expand your movement range as you dance to a wonderful variety of music. Discover new ways to respond to music and interact with other dancers through a playful, improvised structure. Experience the magic of dancing from pure spirit and sharing this experience with others. Designed for the beginner-beginner, living room dancers, late bloomers and anyone who loves to dance. (2 hours • Sat.)

Workshop # 23

## Stories of Strength & Power: for Women A Celebration of Women's Lives

Celebrate and discover our wonderful heritage through the power and magic of telling stories. Speak your truth and listen to stories from other women. Share personal stories about our mothers, sisters, ancestors and women who have made a difference. Enrich your story through storytelling techniques, voice and gesture. Let the lives of women heal, inspire and empower you. (3 hours • Sat.)

## Monika Nygaard

Chemainus  
Phone: 250-246-2460

Monika is a Certified NLP trainer, Hypnotherapy Trainer and Trainer of Time Line Therapy®. She teaches NLP Practitioner Certification courses and has been in private practice using NLP therapy techniques for the last 5 years. She helped many people start businesses while working at Community Futures. She also worked for probation and Family Court, Central Personnel of the Ministry of Social Services and taught re-evaluation counselling. She currently participates in many healing circles and is part of the "Honour All Nations Drum Group", promoting Unity in Diversity.



Workshop # 24

### Neuro Linguistic Programming — The Language of the Unconscious

Would you like to learn powerful secrets of communication and change that can help transform your life and assist you in transforming others? NLP is a new science of human behaviour that facilitates change at a deep, unconscious level. This introductory workshop will give you a broad overview of NLP. Then participate in some exercises to internalize the learnings and experience a taste of this new way of perceiving things.  
*(3 hours • Sat.)*

Workshop # 25

### Hypnosis — the Magic Within

Would you like to be able to get into relaxed states more quickly and easily? Trance is that natural state where we can get in touch with all our inner resources, solve problems, and is also where learning occurs. Learn about the nature and structure of trance and go on this guided healing journey to your own trance-formation. *(2 hours • Sun.)*

## Georgina Cyr

Port Alberni  
Phone: 250-723-0068

Georgina is a professional Animal Communicator using telepathic abilities to bridge the communication gap between all animal species and humans. Her dream is to reunite the spiritual connection between animals and humans and allow compassion and understanding to be accessible to all beings.



Workshop # 26

### Introduction to Communicating with Animals

This workshop will consist of guided meditations that will lead you to practicing sending and receiving messages telepathically from the animals. Receiving confirmation of your received messages—from the rest of the groups of animals—will help you to be confident that you are actually receiving messages. *(3 hours • Sat.)*

Workshop # 27 • Iridology

Iridology is the study of the iris of the eye to identify genetic tendencies in our health, as well as potential or occurring health problems. This workshop will introduce you to some basic ways to identify types of irises, by colour, structure, density, and what those particular signs mean, in regard to your own health. *(3 hours • Sun.)*

## Gisela Ko

Grand Forks • Phone: 250-442-2391

Gisela is a registered Physiotherapist and has trained as an instructor in modern dance and ballet. Since 1990 shamanic healing and clowning have grown out of these mainstream professions. She is a graduate of Michael Harner's three year course in advanced shamanism and has completed all the courses the Foundation for Shamanic Healing studies offers. She has also studied Tibetan, Siberian and Celtic shamanism extensively. Gisela is working as a healer of 'impossible' cases, giving workshops and conducting lively drumming circles. She brightens life as a clown and performs at fairs and children's parties.



Workshop # 28

### Bring Out the Clowns

This workshop is going to be fun. We'll try anything that's whimsical, unusual, funny and downright nutty. Find out if there really is a clown in you dying to come out and live! Bring a nose, wig or hat if you want but for sure bring your emotions! You'll need them. Late comers are welcome.  
*(2 hours • Sat. eve.)*

Workshop # 29

### Meeting the Ancestors

Ancestors start with your parents and go way back into times unknown. Let's see if we can find a connection through shamanic journey methods and maybe a healing for you and/or the ancestor can begin. No promises but we can surely try to meet an unknown ancestor. *(2 hours • Sun.)*

Workshop # 30

## Loving Your Body & Sexual Self *for women*

Many women today long for a loving relationship with their bodies and a more fulfilling sexual experience. In this nurturing workshop we will use sharing, touch and ritual to shed the veils that keep us from seeing our bodies as the sacred, beautiful vessels they are in truth. (3 hours • Sat.)

Workshop # 31

## Deepening Intimate Relationship

The longing to experience intimate connection with others, sources itself from the core desire of the soul to return to a state of oneness. Deepening our connection in intimate relationship feeds our essential nature and brings joy and satisfaction into our life. This workshop invites men and women to come together using touch, sharing and new information to create a lasting deepening in your relationship. (3 hours • Sun.)



## Dienna Raye

Nelson

Phone: 250-352-1220

Dienna is a counsellor/facilitator, she provides workshops and counselling in the areas of sexuality, relationship and

personal empowerment. Her passion lies in supporting people to create and experience sacred union in their intimate relationships as well as in connection with themselves.

Workshop # 32

## Healing the Male Within *for men*

A workshop to explore whether we males fit in a world shaped to accommodate corporate globalization or whether we belong in a world resonating with the dynamics of Nature. 'Healing' is seen as becoming whole with what is ultimately Universal. A workshop for males. (3 hours • Sat.)



## Norbert Maertens

Vernon

Phone: 250-549-2723

Most of my life I've been exploring the world of Nature, its connection with the Universe out there and my relationship to it all. This quest, 'The Quest': where do we come from, where do we go to and what does it all mean to be here on this beautiful planet, has pushed me to explore various lifestyles. My exploring a sustainable way of living has helped me to become a 'Paradigm Shifter', helping others to see answers on their Quest.

Workshop # 33

## The Nature of Our Universe

This workshop is to help us see our interconnectedness with Nature, an integral part of the Universe. We explore how plants, food, our environment and relationships are related to the dynamics of the Universe and how those influences can bring healing or alienation. We explore how our lifestyle is a manifestation of our spirituality and understanding of the Greater Picture. (2 hours • Sun.) Meet by the Labyrinth.

Workshop # 34

## Honouring the Maiden Self *for women*

In the Wheel of the Year, Spring is the time of the maiden. It is possible to rediscover, heal and reclaim our maiden selves. Through ritual, meditation and song we will construct a rite of passage for ourselves. If you have never had a young woman's coming of age celebration, this is your opportunity to do so. If possible, wear or bring something red. (3 hours • Sun.)



## Laurel Burnham

Penticton • Phone: 250-492-7717

One of my great passions is the continued search for the Divine Feminine. I am called to share this passion with women. I have studied earth based traditions, tarot, ritual and the Goddess in all her many guises for over twenty years.

Workshop # 35

## Herbs, Essential Oils, Flower Essences and You

This is an interactive workshop which will include a nature walk. The use of herbs for health, essential oils for garden and house care and the wonder of flower essences for your health and the health of your garden will all be discussed. (3 hours • Sat.)



## Virginia Graham-Smith

Barriere • Phone: 250-672-0149

Virginia is a Chartered Herbalist who is always exploring the magic of Mother Nature. Being at one with the Earth leads Virginia down many avenues of alternative healing for people and the Earth.

## Margaret Carroll

Nelson • Phone: 250-352-1676

Margaret is a Shiatsu Practitioner, Wholistic Counsellor who also does Chakra Balancing and is a Listening Hands Therapist. She teaches workshops on energy balancing, nutrition and relationship. Margaret's warm, compassionate presence encourages participants to move deeply into their essence to heal and transform old patterns and blocks.



Workshop # 36

## Chakra Balancing

Come and explore the use of hands as an instrument to channel healing energy. Recognize imbalances in the various energy centres and learn how to rebalance them. Chakra Balancing can promote a renewed sense of self-awareness, aliveness and clarity as well as reducing stress and pain in the body and accelerating the healing process. (3 hours • Sat.)

## Henry Dorst

Vancouver  
Phone: 604-731-1061

Based in Vancouver, Henry integrates the applications of energy work, process guidance, nutritional counselling, feng shui, geo-biology and intuitive techniques (such as dowsing) to unveil and align with the great potential inherent in persons, families, communities and planet.



Workshop # 37

## Clearing the Path to Your Ultimate Potential

This is an inner journeying to bring the frozen responses which block your full expression to light. This simplifies everything we do to get healthier. It helps us past our 'stuff' so that we might better proceed towards the expression of our inherent ultimate potential. (3 hours • Sat.)

Workshop # 38

## Divining Your Ultimate Potential

Knowledge of your own divine potential is inherent in you but it probably lies covered up with inculcated ideology and outside expertise. We will be using simple dowsing and other "intuitive teachings" to know it once more and so enthuse our lives. (2 hours • Sat. eve.)

## Christina Goddard

Peachland • Phone: 250-767-3373

Christina has been playing the crystal bowls for years and has seen many healings take place. She has been listening to spirit and spoken these messages to many in the last 15 years. She has chosen to allow herself to be a messenger of Spirit and at all times to speak the truth; what we need to hear to heal.



Workshop # 39

## Crystal Bowl Meditation

Christina will play the bowls and lead you in a guided chakra healing meditation to help you understand how each chakra governs different areas of your life.

*In the Chapel for 1½ hours only,  
Saturday 1 to 2:30 pm and Sunday 9 to 10:30 am*

## Harold Hajime Naka

Kelowna • Phone: 250-762-5982

Harold was reborn in 1940, off-centred in the Tao, in the year of the Dragon. Forty-three years later he ventured out on his Zen motorcycle, in search of a life, enlightenment and his original face. He sojourned in a Taoist hermitage in Colorado and a Zen monastery in New Mexico. Today he is a 21st century Urban Taoist Visionary Rebel, an en-lite-end Zen reject, spirit dancer, storyman, and a playful, healing martial artist. Hajime was a gold medalist in Tai Chi forms at the Chinese Canadian martial arts championships in 1999.



Workshop # 40

## Moving Beyond Help-lessness

Experience the power of Qi (vital energy) for self-healing, self-discovery and self-empowerment. Come and be chi-fully transformed through Hajime's 'Radical Tao Qigong-Taiji'. (2 hours • Sun.)

Workshop # 41

## Dancing Towards Wholeness

Feel the joy and freedom of moving naturally in your body, mind and spirit. Shed your cultural strait jacket and liberate your inner dancer (the real you). Let Hajime cast his magic over you. (2 hours • Sat. eve.)

Workshop # 42

## Singing the Heart Awake

Using devotional chants, rounds and songs, this circle will explore bridging heaven and earth through sacred singing. Simple songs gathered from various traditions and sources will be taught in the ancient oral manner and then sung with repetition to deepen entry into the mystery of ecstatic expression. Words to take home for further singing and sharing will be given out at the end of the circle. (3 hours • Sat.)



**Sage Berrett-Heller**

Nelson • Phone: 250-352-6227

Sage Berrett-Heller has been offering workshops on initiatory and educational themes for many years. She has been collecting and composing simple songs and chants that she uses in large seasonal celebrations, women's circles and camp-fire singing with adults and children. Her singing is accompanied by guitar and various rhythm instruments.

Workshop # 43

## Introduction to Reiki

Reiki is a system using Universal life energy in the form of gentle hands-on-healing, it addresses body, mind and spirit in a peaceful loving way. The use of this Divine energy accelerates the body's own ability to heal physical ailments and opens the mind and spirit to the causes of disease, stress, unwellness and pain. Reiki embraces all religions and spiritual belief systems and complements all other health programs. *This is an information only workshop. (1½ hours • Sat.)*



**Loro Tylor**

Naramata • Phone: 250-496-0083

Reiki Master/Teacher and spiritual healer for over eight years. Loro is clairvoyant and clairsentient and is a medical intuitive. She is also trained in Shiatsu, Therapeutic Touch, and Aromatherapy. She is currently creating a spiritual church/centre in Penticton.

Workshop # 44

## In the Eye of the Storm

Calm, centred and compassionate. We try to live in peace but daily we brush the black face of anger. This workshop invites participants to experience the skills required to stay calm, give up blame and be present in the face of anger. We will incorporate the ground breaking work of Carolyn Myss from the perspective of valuing your energy. (3 hours • Sun.)



**Pat Gibson**

Kelowna • Phone: 250-861-7054

Pat enjoys listening to angry and complaining people daily in her work in Client Relations at a large acute care hospital. She considers it a privilege to be in the presence of such an honest emotion. For the past eight years she has taught communication skills. Despite having three teenagers and being a vegan she is reasonably happy.

Workshop # 45

## All My Relationships

We all have the ability to be self-healing or self-destructive. We are able to manifest either quality in our lives, however most of us have been hurt in some way so that our natural ability to self-heal is compromised. In order to reverse this, we need to look inside ourselves, to find our beauty and loveliness. In this workshop, you will learn to balance yourself energetically and stabilize your energy field. This can protect you from picking up other people's stuff, their negative energy, anger, fear and resentments, and making them your own. (3 hours • Sat.)

Workshop # 46

## Circle of Life

This workshop will assist the participants to create a reality of grace and ease. A combination of guided meditation, release of negative beliefs and work in a sacred circle will allow each person to find the seed of life within. This workshop will appeal to those who are committed to their ascension path. (2 hours • Sun.)



**Linda Collins**

Vernon  
Phone: 250-542-5953

Linda founded Isis Consulting in 1998 for the purpose of assisting people in their spiritual journey.

A counselor with 19 years experience, her private practice includes individual and couple counselling, work in the sacred circle and channelling messages from Archangel Michael.

## Moneca Gharlyne

Peachland • Phone: 250-767-2668

Moneca travelled to China and Tibet to reconnect to the heart of the Buddha. She now operates a Bed and Breakfast Wellness Retreat Centre in Peachland called Heavenly Dreams. She has been ill most of her life and learned to heal her body but it wasn't until the Ascended Masters directed her to Dr. Margaret Paul that she learned to heal her life. She now instructs monthly workshops, gives private sessions and offers retreats with juice fasting as a way to pass her knowledge along.



### Workshop # 47 Inner Bonding

Our time together will help us recognize what we are doing that is causing our pain. We will explore false beliefs, why we attract nonproductive situations or people into our lives and why we have addictions. We will learn to dialogue with our inner child and Spirit so that we can become loving nurturing parents to ourselves. A technique I teach removes blockages from our four lower chakras. Astounding peace, joy, abundance is ours for implementing the process on a daily basis. Please bring a teddy bear or doll. (3 hours • Sun.)

## Laurel Burnham

Penticton • Phone: 250-492-7717

One of my great passions is the continued search for the Divine Feminine. I enjoy creating temporary spiritual works of art.

## Nywyn

Penticton • Phone: 250-493-7636

I love to play, paint and create. I have many artistic endeavors including Celtic designs, greeting cards, painting and gardening.



### Open House Drop-in Craft Sessions Take Time to Relax & Create

#### Workshop # 48 • Spiritual Art

Your opportunity to make a smudge stick, a wand, a garden goddess or something else totally unique, magical and amazing. (3 hours • Sat.)

#### Workshop # 49

### Unmask a New Self!

Express yourself! Using a variety of materials, create a symbolic/sacred mask or one to represent a personal part of you that wants to have a face. (3 hours • Sun.)

## Joseph Ranallo

Rossland • Phone: 250-362-7763

Joseph is a teacher, administrator and writer with a longstanding interest in alternative healing arts. He has studied Korean Hand Therapy from founder Dr. Tae-Woo Yoo in San Francisco and Vancouver. He has completed course work from Calgary's Seo-Am Hand Acupuncture Institute of Canada. He has also studied Acupuncture, Pranic Healing and Energy Massage. He manages a part-time home-based acupuncture practice in Rossland.



### Workshop # 50 Korean Hand Therapy

Korean Hand Therapy is a healing practice based on an acupuncture microsystem developed in Korea by Dr. Tae-Woo Yoo in 1971. With a brief introduction, participants in this workshop can learn to promote and maintain their own health and energy balance using simple, inexpensive, non-invasive, safe techniques. They will be shown how to apply finger pressure, heat and metallic pellets to specific hand points to bring immediate, amazing results. (3 hours • Sun.)

Angèle • Penticton • Phone: 250-492-0987

Publisher of ISSUES and Coordinator of the Spring Festival of Awareness and the Wise Woman Weekend. Her love of learning the many ways to heal ourselves is continuous and she wants everyone to join in. She studied graphology twelve years ago when she quit lifeguarding and got involved in the Holistic Community. She uses this skill everyday and finds it a very useful tool.



### Workshop # 51 Handwriting Analysis

Ever looked at your writing and wondered why you make letters a certain way? First the basics to show you how the handwriting is interpreted, followed by everyone writing their signatures for a quick analysis of what it shows. (3 hours • Sat.)

Workshop # 52  
**Gem Therapy**

Different cultures have utilized the powers within crystals and stones for healing the physical body and emotional imbalances. This hands-on workshop will cover an introduction to crystals and stones. Learn care, cleaning and reprogramming, laying on of stones, general gem and chakra layouts. (2 hours • Sat. eve.)



**Linda Earnest**  
Missoula • Phone: 406-549-4373

Linda is a certified massage therapist with 14 years experience. She incorporates Energy Balancing, colour therapy, gems and aroma into her practice. She loves teaching and helping others to find their own healing path.

Workshop # 53  
**Energy Balancing**

Ancient prophecies and teachings have indicated the close of the 20th century as a time of great change and transformation. Prepare for this new consciousness by learning easy, hands-on healing techniques to help balance your body for the coming vibrational changes. The focus will be on energy, coordination, digestion and elimination. You are invited to join the circle for an educational and entertaining adventure in awareness. (3 hours • Sat.)



**James Minckler**  
Missoula • Phone: 406-549-4373

James is author of two books on Energy Balancing. He has 19 years experience teaching groups throughout N.A. and Europe. His program is a synthesis of philosophies gathered from many sources, integrating ancient healing methods which can be incorporated into our daily lives. Visit his website [www.energybalancing.com](http://www.energybalancing.com) to experience the first interactive natural health program on the internet.

Workshop # 54  
**Colour Therapy, Chakras & Emotions**

Energy balancing for the spiritual body. Learn to test your chakras and how to use colour and thought to rebalance the aura. The role emotions play with their corresponding organ systems will also be discussed. (2 hours • Sun.)

## Sunrise Ceremonies

start at 6:45 Saturday and Sunday morning  
... choose one of these 45 minute activities for a great beginning to your day...

You are welcome to enjoy the Chapel and Labyrinth all weekend. Impromptu events are announced at Columbia Hall

### Saturday

**Lynne Gordon-Mündel** offers *Awakening the Body through Movement and Meditation*. As we honour the dreamtime we allow it to express itself through our movements gradually waking ourselves up. The dreams you have at night are remembered by the body even though you may not be aware of them.

**Urmi Sheldon** offers *Five Tibetan Exercises* a series of five movements that are simple to learn. If done consistently they will increase your chi and endurance.

**Norbert Maertens** offers *Becoming One*. Just back from Guatemala, I will share the people's love of the earth

**Henry Dorst** offers *Earth Chi Gong*, see Sunday write-up

**Colleen Tobin** offers *Yoga — Sun Salutation* that will lead into a posture flow and your own dance of self awareness.

**Moneca Gharlyne** offers a *Guided Meditation*. A quiet morning with music and some talking.

**Harold Hajime Naka** offers *Radical Tao — Qi gong-Taiji* a series of movements leading you to your centre and harmony with the Tao.



### Sunday

**Lynne Gordon-Mündel** offers *Awakening the Body through Movement and Meditation*. see Saturday write-up.

**Urmi Sheldon** offers *Osho Dynamic Meditation*, a **1 hour** active meditation designed to release emotional blocks and increase body energy. No food or drink beforehand.

**Jon-Lee Kootnekoff** offers *Healthy, Happy, Feel Good Stretches*. Time to focus, relax and imagine.

**Henry Dorst** offers *Earth Chi Gong*. This is an outdoor standing meditation that follows the group 'chi'. We will end with a moving earth prayer. Please meet in the parking lot by the Loft at 6:45 either morning.

**Tyson Bartel** offers *The Daily Cat Stretch* a series of Feldenkrais movements that activate your muscles and limber your joints.

**Virginia Graham-Smith** offers a *Healing Meditation*. A quiet time to help us balance ourselves for the day ahead.

**Gerald (Jerry) Jessop** offers *Qigong and Tai Chi* a series of movements for opening the joints; stretching, energy directing, mental and physical.

# Map of Naramata Centre

## Finding Naramata

Entering Penticton from the South, pass the Airport and turn left at the traffic lights (just over the bridge) onto Channel Parkway (hwy 97 N). Go through two traffic lights to a third traffic light at Eckhardt Ave.

Turn right, go through four traffic lights and one block to Haven Hill.

Turn left, up hill one block to the 'Y'. Turn right onto Johnson Road, go 3 long blocks. Turn left onto Upper Bench Road go approx. 1 km. Turn right onto McMillan Ave., go 1 long block, turn left onto Naramata Road.

From here it is approx. 11 km to Naramata.

Watch for the signs • It takes 15 to 20 minutes. The highway will swing left and curve down the hill into Naramata.

You will be on Robinson Avenue. Turn left on either 3rd or 4th Street for two blocks and you will be on Ellis St. You are now at Naramata Centre

### Coming from the North

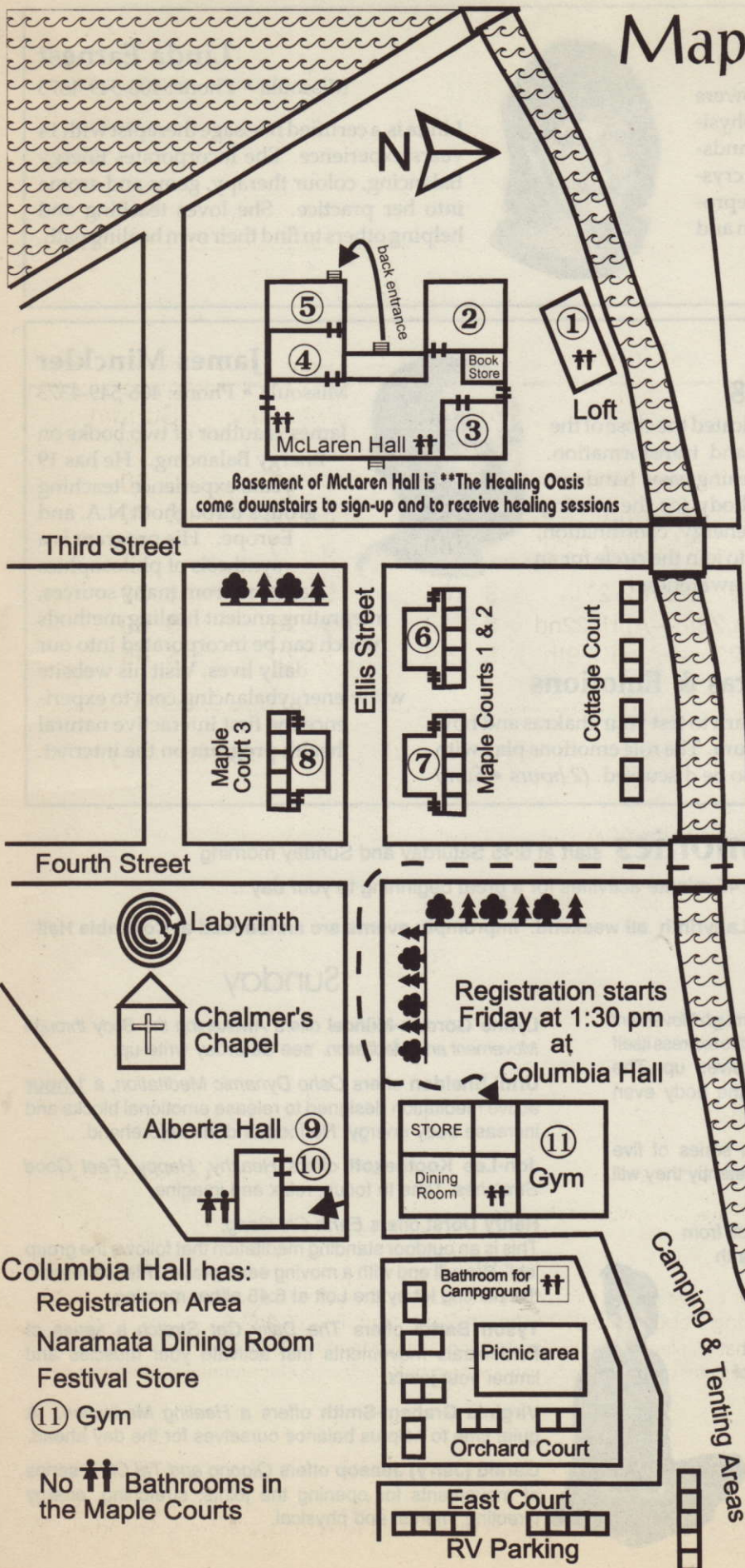
Cross the bridge, you are now on Eckhardt Avenue, stay on Eckhardt to Haven Hill. Follow the above instructions.

### McLaren Hall has:

- ② North Wing
- ③ Sessions Room
- ④ South Wing front
- ⑤ South Wing back

and \*\*The Healing Oasis it is located downstairs please follow the signs

From Penticton



Third Street

Fourth Street

Ellis Street

Camping & Tenting Areas

Robinson Avenue

Basement of McLaren Hall is \*\*The Healing Oasis come downstairs to sign-up and to receive healing sessions

Registration starts Friday at 1:30 pm at Columbia Hall

Columbia Hall has:  
 Registration Area  
 Naramata Dining Room  
 Festival Store  
 ⑪ Gym

No Bathrooms in the Maple Courts



# REGISTRATION FORM

## Spring Festival of Awareness, April 27, 28 & 29, 2001

On-site registration starts Friday the 27<sup>th</sup> at 1:30 pm. Opening Ceremonies at 7 pm.

Name 1 \_\_\_\_\_ Name 2 \_\_\_\_\_

Address \_\_\_\_\_

Town \_\_\_\_\_ Prov. \_\_\_\_\_ Code \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

### FESTIVAL FEES

|                              |  | Weekend | Saturday<br>only | Sunday<br>only |
|------------------------------|--|---------|------------------|----------------|
| ADULTS                       | before March 27 <sup>th</sup>                  | \$ 130  | \$ 95            | \$ 60          |
|                              | March 28 <sup>th</sup> —April 22 <sup>nd</sup> | \$ 155  | \$ 105           | \$ 70          |
|                              | April 23 <sup>rd</sup> —April 29 <sup>th</sup> | \$ 180  | \$ 130           | \$ 95          |
| SENIORS 65+ years<br>& TEENS | before March 27 <sup>th</sup>                  | \$ 105  | \$ 80            | \$ 50          |
|                              | March 28 <sup>th</sup> —April 22 <sup>nd</sup> | \$ 130  | \$ 95            | \$ 60          |
|                              | April 23 <sup>rd</sup> —April 29 <sup>th</sup> | \$ 155  | \$ 120           | \$ 85          |

### REGISTRATION TOTALS *If you wish to stay on site please register early*

Festival Fees \_\_\_\_\_ Adults @ \_\_\_\_\_ = \$ \_\_\_\_\_  
\_\_\_\_\_ Teens/Seniors @ \_\_\_\_\_ = \$ \_\_\_\_\_

Meals (from other side) Breakfast 7:30am, Lunch 12noon, Dinner 5:30pm \$ \_\_\_\_\_

Accommodation (from other side) ..... \$ \_\_\_\_\_

Total amount owing \$ \_\_\_\_\_

add 7% GST \$ \_\_\_\_\_

Grand Total \$ \_\_\_\_\_

Amount enclosed \$ \_\_\_\_\_ (50% deposit required)

Balance ... payable at the door \$ \_\_\_\_\_

Refunds (less \$25 for handling) require a written request received by April 20 and will be processed *after* the event.

We prefer that participants register by completing this form and sending a cheque made payable to:

**Visions Unlimited, Spring Festival, to 272 Ellis St. Penticton, BC V2A 4L6.**

We do not mail receipts. If you need confirmation please give us time to process your form and then call number below.  
If paying by credit card (MC or Visa) you may register by phone or fax at numbers below, or email: [issuesmagazine@img.net](mailto:issuesmagazine@img.net)

☎ **250-492-0039** or **1-888-756-9929** or fax **250-492-5328**

To cancel, confirm or make changes after you have registered, **PLEASE PHONE** Mon., Weds. or Fri.: 9 am - 4 pm

**Naramata Centre Requests — NO pets on site and please do not call Naramata Centre to register.**